

**EASTERN PAIN ASSOCIATION 2016 ANNUAL MEETING**  
**Saturday, October 8, 2016**

7:00 – 7:50 AM – Registration/Continental Breakfast

7:50 – 8:00 AM – *Welcome*

**Ricardo A Cruciani MD PhD**

President, Eastern Pain Association

Professor and Chairman

Department of Neurology

Drexel School of Medicine

Philadelphia PA

8:00 – 8:45 AM – *Keynote: Cannabis and Cannabinoids in Pain Care: Clinical Considerations*

**Seddon R Savage MD MS FASAM**

Medical Director

Chronic Pain and Recovery Center

Silver Hill Hospital

New Canaan CT

Associate Professor

Geisel School of Medicine at Dartmouth, Adjunct Faculty

Hanover NH

*Educational Objective: At the end of this session, the participant will be able to identify policy and regulatory issues that shape the legal use of cannabis for symptom management; counsel patients on potential benefits and risks of cannabis; advise patients who elect to use cannabis in a manner that improves outcomes and reduces risks.*

8:45 – 9:15 AM – *Stem Cells for Chronic Refractory Migraines*

**Alexander Mauskop MD FAAN FAHS FNYAM**

Director of the New York Headache Center

Professor of Clinical Neurology, Downstate Medical Center

State University of New York

New York NY

*Educational Objective: At the end of this session, the participant will be able to cite the mechanism of action of stem cells in chronic migraine and the role of various types of stem cells in the treatment of inflammatory conditions.*

9:15 – 9:45 AM – *Orofacial Pain: Bench to Bedside Perspectives*

**Marcela Romero-Reyes DDS PhD**

Assistant Professor, Director NYU Orofacial Pain Program

Director Advanced Program for International Dentists in Oral Medicine & Orofacial Pain

Department of Oral & Maxillofacial Pathology, Radiology & Medicine

New York University College of Dentistry

New York NY

*Educational Objective: At the end of this session, the participant will be able to identify non-odontogenic sources of orofacial pain; outline some of the diverse sources and types of pains that are mediated by the trigeminal system and their treatment modalities.*

9:45 – 10:15 AM – Break with Exhibitors and Posters

10:15 – 11:15 AM – ***Trainees at Their Best***

a. *Cortical Modulation of Acute and Chronic Pain*

**Trainee**

**Qiaosheng Zhang PhD**

Postdoctoral Fellow

**Mentor**

**Jing Wang, MD PhD**

Associate Professor, Department of Anesthesiology,  
Perioperative Care and Pain Medicine

Department of Neuroscience and Physiology

Director of Research Center for the Study and  
Treatment of Pain

New York University School of Medicine

New York NY

*Educational Objective: At the end of this session, the participant will be able to explain why chronic pain disrupts the affective response to acute pain.*

b. *Role of Antidepressants for Treatment of Acute and Chronic Postsurgical Pain*

**Trainee**

**Paul Shekane MD**

Fellow, Pain Medicine

**Mentor**

**Christopher Gharibo MD**

Medical Director of Pain Medicine

New York University - Hospital for Joint Diseases

Langone Medical Center

New York NY

*Educational Objective: At the end of this session, the participant will be able to cite the benefits of antidepressants in combination with other analgesic agents in reduction of acute and chronic post-surgical pain.*

c. *A Novel Role for X-linked Long Non-Coding RNA XIST in Regulating Inflammatory Response in Female Cells*

**Trainee**

**Botros Shenoda MD**

4<sup>th</sup> year PhD student, Pharmacology & Physiology

**Mentor**

**Seena Ajit PhD**

Department of Physiology and Pharmacology  
Drexel University  
Philadelphia PA

*Educational Objective: At the end of this session, the participant will be able to define a novel role for XIST, a long noncoding RNA involved in X-inactivation, in mediating female cell specific inflammatory response; outline how epigenetic regulation may impact gender differences associated with painful disorders.*

d. Orofacial Pain  
**Trainee**  
**Robert A Brugnone**  
DDS Candidate 2017

**Mentor**  
**Marcela Romero-Reyes DDS PhD**

*Educational Objective: At the end of this session, the participant will be able to list some orofacial pain disorders and discuss their diagnosis and management.*

11:15 AM – 11:45 AM – Still More Opioid Guidelines – CDC  
**Ricardo A Cruciani MD PhD**

*Educational Objective: At the end of this session, the participant will be able to implement the most current opioid prescribing guidelines for chronic non-cancer pain.*

11:45 AM – 12:45 PM – Bonica Award & Lecture/Lunch  
The Future of Pain Medicine  
**Charles E Argoff MD**  
Professor of Neurology  
Albany Medical College  
Director, Comprehensive Pain Center  
Albany Medical Center  
Albany NY

*Educational Objective: At the end of this session, the participant will be able to discuss national initiatives which point to a different, opioid-sparing pain management world than present (e.g. pain management is not equivalent to opioid therapy) and how these federal efforts will advance pain medicine; describe how advances in basic and translational research will advance the field; outline how advances in clinical trial methodology enhance pain management (individual treatments, combination therapy- medical /non-medical- drug-drug. drug-device, etc.); describe how advances in devices will lead to greater innovation in pain management; outline how change in the landscape of health economics will allow pain patients to access what is best for them.*

12:45 – 2:15 PM – Innovations in Research  
**William K Schmidt PhD, Moderator**  
President, NorthStar Consulting LLC  
Davis CA

**Robert F Kaiko PhD, Moderator**

Member, Kaiko Pharmaceutical Consultants LLC

Weston CT

*(Each of these topics will be presented by an academic researcher – not by a company representative – using publically available information.)*

***12:45 – 1:00 PM Subject Matter: Oliceridine (TRV130) for acute postoperative pain***

**Boleslav (Boris) Kosharsky MD**

Director of Anesthesia for Joint Replacement Center

Associate Director Pain Center, Department of Anesthesiology/Pain Medicine

Assistant Professor of Anesthesiology, Montefiore Medical Center

Albert Einstein College of Medicine

Bronx NY

***1:00 – 1:15 PM Subject Matter: Mirogabalin (DS-5565) for neuropathic pain, fibromyalgia***

**Sayed Emal Wahezi MD**

Program Director, Pain Medicine Fellowship, Montefiore Medical Center

Department of Physical Medicine and Rehabilitation, Department of Anesthesia

Multidisciplinary Pain Program

Bronx NY

***1:15 – 1:30 PM Subject Matter: NKTR-181 Next Generation Abuse Deterrence Design***

**Christopher Gharibo MD**

Medical Director of Pain Medicine

New York University - Hospital for Joint Diseases

Langone Medical Center

New York NY

***1:30 – 1:45 PM Subject Matter: Rivipansel (GMI-1070) for sickle cell disease***

**Nitin Sekhri MD**

Director, Pain Management

Westchester Medical Center | Maria Fareri Children's Hospital

Assistant Professor of Anesthesiology | New York Medical College

Department of Anesthesiology | Department of Radiology

Valhalla NY

***1:45 – 2:00 PM Subject Matter: Secukinumab for psoriasis, ankylosing spondylitis, psoriatic arthritis***

**Vanny Le MD**

Department of Anesthesiology

Rutgers Medical School

Newark NJ

***2:00 – 2:15 PM Subject Matter: TissueGene-C (TG-C) for knee osteoarthritis***

**Neel Mehta MD**

Medical Director, Pain Medicine

Weill-Cornell Pain Medicine Center and

New York Presbyterian Hospital

New York NY

*Educational Objective: At the end of this session, the participant will cite novel therapeutic agents and review ongoing research by a variety of pharmaceutical and biotech companies in the area of pain management.*

2:15 – 2:30 PM – **Honorary Member Award - Ada Rogers RN**

Presented on EPA's behalf by William K Schmidt PhD,  
Former EPA President and current Parliamentarian  
and  
Charles E Inturrisi PhD  
Former EPA President and current Past-President Director

2:30 – 3:00 PM – **Patient Reported Outcomes - Pain Registry**

**Charles E Inturrisi PhD**  
Pharmacology  
Weill Cornell Medical College  
New York NY

*Educational Objective: At the end of this session, the participant will be able to objectively measure a patient's pain and function before and after treatment.*

3:00 – 3:30 PM – Break w/ Exhibitors and Posters

3:30 – 4:00 PM – **Meaning-Centered Psychotherapy**

**William S Breitbart MD**  
Chair, Department of Psychiatry and Behavioral Sciences  
Chief, Psychiatry Service Jimmie C. Holland Chair  
Memorial Sloan Kettering Cancer Center  
New York NY

*Educational Objective: At the end of this session, the participant will be able to outline the potential benefits of meaning-centered psychotherapy and utilize it for their advanced cancer (and other illness) patients.*

4:00 – 4:45 PM – **Houde Award Winner Presentation**

**Issues in the Design of Clinical Trials for Studies of Opioids - The Future of the Ray Houde Legacy**

**John Farrar MD PhD**  
Associate Professor of Epidemiology  
Biostatistics and Epidemiology  
Hospital of the University of Pennsylvania  
Clinical Associate, Department of Neurology  
Philadelphia PA

*Educational Objective: At the end of this session, the participant will be able to outline the history of the development of clinical trials developed to test the efficacy of opioid therapy in acute pain; address the importance of the selection of outcome measures, analysis, and interpretation of clinical trial outcomes in answering the question of the clinical applicability of efficacy results; describe the evidence about methods in clinical trial design that may improve the validity and reliability of clinical trial results.*

4:45 – 5:30 PM - **Psychosocial Approaches to Chronic Pain Management**

**Andrew Rosenblum PhD**

Executive Director

National Development and Research Institutes, Inc. (NDRI)

Director, NDRI's Institute for Treatment and Services Research

New York NY

**Honorio Guarino PhD**

Principal Investigator

National Development and Research Institutes, Inc. (NDRI)

New York NY

*Educational Objective: At the end of this session, the participant will be able to cite the comparative benefits of cognitive-behavioral treatment (CBT) to manage chronic pain; list different components of CBT; discuss diverse experiences of chronic pain patients who have been exposed to a web-based CBT intervention.*

5:30 – 6:30 PM **Reception and Poster Winners Announcement**

epa 16 schedule at a glance.doc