EASTERN PAIN ASSOCIATION 2016 ANNUAL MEETING

7:00 – 7:50 AM – Registration/Continental Breakfast

7:50 – 8:00 AM – Welcome
Ricardo A Cruciani MD PhD
President, Eastern Pain Association
Professor and Chairman
Department of Neurology
Drexel School of Medicine
Philadelphia PA

8:00 – 8:45 AM – Keynote: Cannabis and Cannabinoids in Pain Care: Clinical Considerations
Seddon R Savage MD MS FASAM
Medical Director
Chronic Pain and Recovery Center
Silver Hill Hospital
New Canaan CT
Associate Professor
Geisel School of Medicine at Dartmouth, Adjunct Faculty
Hanover NH

Educational Objective: At the end of this session, the participant will be able to identify policy and regulatory issues that shape the legal use of cannabis for symptom management; counsel patients on potential benefits and risks of cannabis; advise patients who elect to use cannabis in a manner that improves outcomes and reduces risks.

8:45 – 9:15 AM – Stem Cells for Chronic Refractory Migraines
Alexander Mauskop MD FAAN FAHS FNYAM
Director of the New York Headache Center
Professor of Clinical Neurology, Downstate Medical Center
State University of New York
New York NY

Educational Objective: At the end of this session, the participant will be able to cite the mechanism of action of stem cells in chronic migraine and the role of various types of stem cells in the treatment of inflammatory conditions.

9:15 – 9:45 AM – Orofacial Pain: Bench to Bedside Perspectives
Marcela Romero-Reyes DDS PhD
Assistant Professor, Director NYU Orofacial Pain Program
Director Advanced Program for International Dentists in Oral Medicine & Orofacial Pain
Department of Oral & Maxillofacial Pathology, Radiology & Medicine
New York University College of Dentistry
New York NY

Educational Objective: At the end of this session, the participant will be able to identify non-
odontogenic sources of orofacial pain; outline some of the diverse sources and types of pains that are mediated by the trigeminal system and their treatment modalities.

9:45 – 10:15 AM – Break with Exhibitors and Posters

10:15 – 11:15 AM – **Trainees at Their Best**
a. **Cortical Modulation of Acute and Chronic Pain**
   **Trainee**
   Qiaosheng Zhang PhD
   Postdoctoral Fellow

   **Mentor**
   Jing Wang, MD PhD
   Associate Professor, Department of Anesthesiology,
   Perioperative Care and Pain Medicine
   Department of Neuroscience and Physiology
   Director of Research Center for the Study and
   Treatment of Pain
   New York University School of Medicine
   New York NY

   **Educational Objective:** At the end of this session, the participant will be able to explain why chronic pain disrupts the affective response to acute pain.

b. **Role of Antidepressants for Treatment of Acute and Chronic Postsurgical Pain**
   **Trainee**
   Paul Shekane MD
   Fellow, Pain Medicine

   **Mentor**
   Christopher Gharibo MD
   Medical Director of Pain Medicine
   New York University - Hospital for Joint Diseases
   Langone Medical Center
   New York NY

   **Educational Objective:** At the end of this session, the participant will be able to cite the benefits of antidepressants in combination with other analgesic agents in reduction of acute and chronic post-surgical pain.

c. **A Novel Role for X-linked Long Non-Coding RNA XIST in Regulating Inflammatory Response in Female Cells**
   **Trainee**
   Botros Shenoda MD
   4th year PhD student, Pharmacology & Physiology

   **Mentor**
   Seena Ajit PhD
   Department of Physiology and Pharmacology
Educational Objective: At the end of this session, the participant will be able to define a novel role for *XIST*, a long noncoding RNA involved in X-inactivation, in mediating female cell specific inflammatory response; outline how epigenetic regulation may impact gender differences associated with painful disorders.

d. Orofacial Pain
   Trainee
   Jeffrey Friedman DDS

   Mentor
   Marcela Romero-Reyes DDS PhD

Educational Objective: At the end of this session, the participant will be able to list some orofacial pain disorders and discuss their diagnosis and management.

11:15 AM – 11:45 AM – *Still More Opioid Guidelines – CDC*
Ricardo A Cruciani MD PhD

Educational Objective: At the end of this session, the participant will be able to implement the most current opioid prescribing guidelines for chronic non-cancer pain.

11:45 AM – 12:45 PM – *Bonica Award & Lecture/Lunch*
*The Future of Pain Medicine*
Charles E Argooff MD
Professor of Neurology
Albany Medical College
Director, Comprehensive Pain Center
Albany Medical Center
Albany NY

Educational Objective: At the end of this session, the participant will be able to discuss national initiatives which point to a different, opioid-sparing pain management world than present (e.g. pain management is not equivalent to opioid therapy) and how these federal efforts will advance pain medicine; describe how advances in basic and translational research will advance the field; outline how advances in clinical trial methodology enhance pain management (individual treatments, combination therapy- medical /non-medical- drug-drug, drug-device, etc.); describe how advances in devices will lead to greater innovation in pain management; outline how change in the landscape of health economics will allow pain patients to access what is best for them.

12:45 – 2:15 PM – *Innovations in Research*
William K Schmidt PhD, Moderator
President, NorthStar Consulting LLC
Davis CA

Robert F Kaiko PhD, Moderator
VP Research & Development
Purdue Pharma LP
Stamford, CT

(Each of these topics will be presented by an academic researcher – not by a company representative – using publically available information.)

**Subject Matter: Oliceridine (TRV130) for acute postoperative pain**
**Boleslav (Boris) Kosharskyy MD**
Director of Anesthesia for Joint Replacement Center
Associate Director Pain Center, Department of Anesthesiology/Pain Medicine
Assistant Professor of Anesthesiology, Montefiore Medical Center
Albert Einstein College of Medicine
Bronx NY

**Subject Matter: Mirogabalin (DS-5565) for neuropathic pain, fibromyalgia**
**Sayed Emal Wahezi MD**
Program Director, Pain Medicine Fellowship, Montefiore Medical Center
Department of Physical Medicine and Rehabilitation, Department of Anesthesia
Multidisciplinary Pain Program
Bronx NY

**Subject Matter: NKTR-181 for low back pain and knee osteoarthritis**
**Christopher Gharibo MD**
Medical Director of Pain Medicine
New York University - Hospital for Joint Diseases
Langone Medical Center
New York NY

**Subject Matter: Rivipansel (GMI-1070) for sickle cell disease**
**Nitin Sekhri MD**
Director, Pain Management
Westchester Medical Center | Maria Fareri Children's Hospital
Assistant Professor of Anesthesiology | New York Medical College
Department of Anesthesiology | Department of Radiology
Valhalla NY

**Subject Matter: Secukinumab for psoriasis, ankylosing spondylitis, psoriatic arthritis**
**Vanny Le MD**
Department of Anesthesiology
Rutgers Medical School
Newark NJ

**Subject Matter: TissueGene-C (TG-C) for knee osteoarthritis**
**Neel Mehta MD**
Medical Director, Pain Medicine
Weill-Cornell Pain Medicine Center and
New York Presbyterian Hospital
New York NY
Educational Objective: At the end of this session, the participant will cite novel therapeutic agents and review ongoing research by a variety of pharmaceutical and biotech companies in the area of pain management.

2:15 – 2:30 PM – Honorary Member Award - Ada Rogers RN

Presented on EPA’s behalf by William K Schmidt PhD,
Former EPA President and current Parliamentarian
and
Charles E Inturrisi PhD
Former EPA President and current Past-President Director

2:30 – 3:00 PM – Patient Reported Outcomes - Pain Registry
Charles E Inturrisi PhD
Pharmacology
Weill Cornell Medical College
New York NY

Educational Objective: At the end of this session, the participant will able to objectively measure a patient’s pain and function before and after treatment.

3:00 – 3:30 PM – Break w/ Exhibitors and Posters

3:30 – 4:00 PM – Meaning-Centered Psychotherapy
William S Breitbart MD
Chair, Department of Psychiatry and Behavioral Sciences
Chief, Psychiatry Service Jimmie C. Holland Chair
Memorial Sloan Kettering Cancer Center
New York NY

Educational Objective: At the end of this session, the participant will be able to outline the potential benefits of meaning-centered psychotherapy and utilize it for their advanced cancer (and other illness) patients.

4:00 – 4:45 PM – Houde Award Winner Presentation
Issues in the Design of Clinical Trials for Studies of Opioids - The Future of the Ray Houde Legacy
John Farrar MD PhD
Associate Professor of Epidemiology
Biostatistics and Epidemiology
Hospital of the University of Pennsylvania
Clinical Associate, Department of Neurology
Philadelphia PA

Educational Objective: At the end of this session, the participant will be able to outline the history of the development of clinical trials developed to test the efficacy of opioid therapy in acute pain; address the importance of the selection of outcome measures, analysis, and interpretation of clinical trial outcomes in answering the question of the clinical applicability of efficacy results; describe the evidence about methods in clinical trial design that may improve the validity and reliability of clinical trial results.
4:45 – 5:30 PM - *Psychosocial Approaches to Chronic Pain Management*
Andrew Rosenblum PhD
Executive Director
National Development and Research Institutes, Inc. (NDRI)
Director, NDRI's Institute for Treatment and Services Research
New York NY

Honoria Guarino PhD
Principal Investigator
National Development and Research Institutes, Inc. (NDRI)
New York NY

*Educational Objective:* *At the end of this session, the participant will be able to cite the comparative benefits of cognitive-behavioral treatment (CBT) to manage chronic pain; list different components of CBT; discuss diverse experiences of chronic pain patients who have been exposed to a web-based CBT intervention.*

5:30 – 6:30 PM *Reception and Poster Winners Announcement*

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