A Cross-Sectional Study of the Social Media Presence of ACGME Accredited Pain Medicine Fellowship Programs: Time to Get Online?

Joshua Dumbroff, M.D.

Alopi M Patel, M.D.

Department of Anesthesiology, Perioperative, and Pain Medicine

Mount Sinai Morningside and West Hospitals



Conflicts of Interest

No financial conflicts of interest for any authors

е

A Cross-sectional Study of the Social Media Presence of ACGME-Accredited Pain Medicine Fellowship Programs: Time to Get Online?

Paul Shekane, MD, Ghislaine Echevarria, MD, Gabriel Irizarry, MD, Joshua Dumbroff, MD, Meg A. Rosenblatt, MD, and Alopi Patel, MD

Pain Physician Journal Published October 2022

PMID: 36288587



Background

- Social media use has exploded within society over the last two decades
- Social media has been used for networking and recruiting in healthcare among many specialties
- Generations raised with social media are increasingly applying to residency/fellowship
- How are pain programs utilizing this tool?



Objective

-To evaluate the social media presence, specifically on Twitter and Instagram, of ACGME-accredited Pain Medicine fellowship programs

-Why is this important?

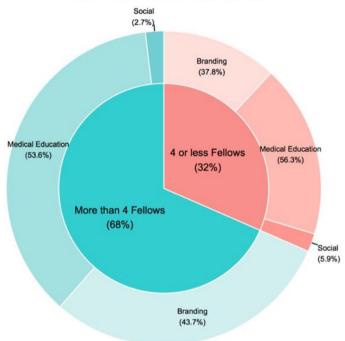


Methods

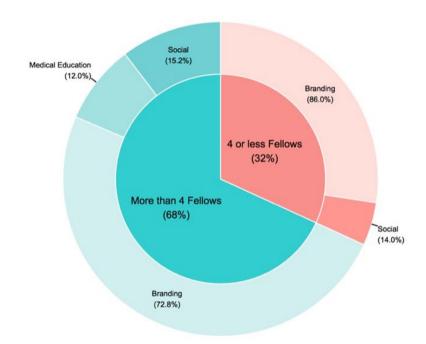
- Two independent reviewers conducted searches for official pain fellowship program accounts on Twitter and Instagram from 7/1/20-6/30/21
- Utilized the same specific keywords when searching for programs
- Specifically, they were looking at the number posts (total within the study period and overall in account history), and the number of followers
- Posts were then categorized as education, branding, or social







B. Instagram Posts From All Fellowship Accounts





Strengths/Limitations

- Study took place over a full academic year
- Classification of posts allowed us to determine how most pain fellowship programs were utilizing social media
- Ability to find all pain fellowship programs on social media
- Data obtained from 7/1/2020-6/30/2021 during the early part of the COVID19 pandemic



Discussion

- Less than 20% of pain fellowship programs utilized Twitter and/or Instagram during our study period
- This represents a significantly lower percentage of utilization when compared to anesthesiology residencies
- This is an area of potential expansion for pain fellowship programs from a marketing, recruiting, and educational standpoint

Sources

- 1. Auxier, B., Anderson, M. "Social Media Use in 2021". Pew Research Center. April 2021. https://www.pewresearch.org/internet/2021/04/07/social-media-use-in-2021/ (accessed 10/29/21).
- 2. American Association of Medical Colleges. "Table A-6: Age of Applicants to U.S. Medical Schools at Anticipated Matriculation by Sex and Race/Ethnicity, 2014-2015 through 2017-2018." https://www.aamc.org/system/files/d/1/321468-factstablea6.pdf (Accessed 10/29/21).
- 3. National Resident Matching Program, Results and Data: Specialties Matching Service 2021 Appointment Year. National Resident Matching Program, Washington, DC. 2021. Accessed 10/29/21.
- 4. Malyavko, Alisa et al. "Utility of Social Media for Recruitment by Orthopaedic Surgery Residency Programs." *JB & JS open access* vol. 6,3 e21.00076. 8 Sep. 2021, doi:10.2106/JBJS.OA.21.00076
- 5. Max M. Feinstein, Cynthia R. Mercedes, Matthew Sison, Jong Kim, Da Wi Shin, Daniel Katz, Marc Sherwin, #anesthesiology: An assessment of social media usage by anesthesiology residency programs, Journal of Clinical Anesthesia, Volume 75, 2021, 110502, ISSN 0952-8180, https://doi.org/10.1016/j.jclinane.2021.110502. (https://www.sciencedirect.com/science/article/pii/S0952818021003445)
- 6. Published by Statista Research Department, and Oct 28. "U.S. Largest Metro Areas by Population 2019." *Statista*, 28 Oct. 2021, https://www.statista.com/statistics/183600/population-of-metropolitan-areas-in-the-us/.
- 7. Perrin A. Social media usage. Pew research center. 2015 Oct 8;125:52-68.
- 8. Plack DL, Sharpe EE, Wanderman RL, Ripoll JG, Abcejo AS. Getting the First Thousand—Optimizing Instagram Residency Content to Increase Followers During the COVID-19 Pandemic. The journal of education in perioperative medicine: JEPM. 2021 Apr;23(2).
- 9. Renew JR, Ladlie B, Gorlin A, Long T. The impact of social media on anesthesia resident recruitment. The journal of education in perioperative medicine: JEPM. 2019 Jan;21(1).
- Miles, RC, Patel, AK. The Radiology Twitterverse: A Starter's Guide to Utilization and Success. Journal of the American College of Radiology. Volume 16. Issue 9, Part A, September 2019, Pages 1225-1231
- 11. Goldsweig, AM, Galper, BZ, Alraies, C, et al. #SoMe for #IC: Optimal use of social media in interventional cardiology. *Catheter Cardiovasc Interv*. 2021; 98: 97–106. https://doi.org/10.1002/ccd.29643
- 12. Cabrera D, Vartabedian BS, Spinner RJ, Jordan BL, Aase LA, Timimi FK. More Than Likes and Tweets: Creating Social Media Portfolios for Academic Promotion and Tenure. *J Grad Med Educ*. 2017;9(4):421-425. doi:10.4300/JGME-D-17-00171.1